



FISHER | TITUS

health

Connections



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A MESSAGE FROM OUR PRESIDENT

Expansive Reach in our Community

As a rural community hospital, our goal at Fisher-Titus is to provide convenient care close to home. To accomplish this goal, Fisher-Titus has expanded out from its home in Norwalk across North Central Ohio.

NORWALK

At the center of our services offered lies the Fisher-Titus Medical Center, located at 272 Benedict Avenue in Norwalk. The Medical Center includes a 99-bed acute care hospital, robotic surgical services, a Level III Trauma Center, and many other services. Also located on campus are senior services in the Norwalk Memorial Home and The Carriage House, as well as the outpatient services offered at the four Medical Park buildings, which include Primary Care, Pediatrics, Urology, General Surgery, Gastroenterology, and more. Convenient Care is also offered in Norwalk, located at 368 Milan Avenue.

BELLEVUE

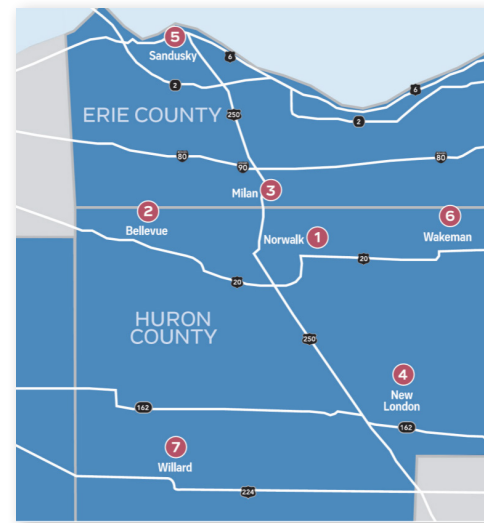
On the Western side of Huron County lies the Fisher-Titus Bellevue Health Center, located at 521 North Sandusky Street in Bellevue. This location offers a central location for those in the Bellevue community to access Family Medicine, Pediatric, Cardiology, Urology, General Surgery, and Lab Services.

MILAN

Located at 2114 State Route 113 East, the Fisher-Titus Family Medicine office in Milan offers primary care to the Milan community and surrounding areas. Lab work can also be drawn at the Milan Family Medicine location during your primary care visit.

NEW LONDON

Fisher-Titus Family Medicine in New London, located at 187 West Main Street, allows those in the New London community to get the primary care you need by dedicated physicians. Similar to Milan, lab work can also be drawn during your visit at this location.



SANDUSKY

In Sandusky, we offer urology and lab services at our Executive Urology office, located at 2800 Hayes Avenue, Building D. *Read more about Urology services on Page 2.*

WAKEMAN

Fisher-Titus has had a long history of providing Family Medicine care in the Wakeman area for many years. This year, we broke ground to expand the services we can offer to the Wakeman and surrounding communities. *Read more about the expanded services that will be offered at the future Wakeman Health Center on Page 4.*

WILLARD

The Willard Health Center, opened in March of this year, added a wide variety of comprehensive health services to Willard's previously established history of Family Medicine and outpatient cardiology. These services include Physical Therapy, Cardiovascular Testing, X-ray Services, Lab Services, and Pediatrics. Be on the lookout for new services expected to be added to the Willard Health Center in the future.

No matter where you see us at, thank you for continuing to choose Fisher-Titus to be your healthcare provider. As we draw closer to a new year, we hope to continue expanding access to your care in 2025.

Brent Burkey, MD
President and CEO,
Fisher-Titus Health

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For a full list of services offered at Fisher-Titus locations, please visit fishertitus.org/medical-services.

Urology Excellence

Urology is the branch of medicine and surgery concerned with the function and disorders of the urinary system. At Fisher-Titus Executive Urology, we are dedicated to providing comprehensive and compassionate care for all urological conditions.

Fisher-Titus Executive Urology has three locations in the area, with plans to add more in the future. With offices located in Norwalk, Bellevue, and Sandusky, we ensure you have convenient access to the care you need, close to home. Urological services are also expected to be available in the Wakeman community in 2025. *See page 4 for more information on expanded services in Wakeman.*

Our facilities are conveniently located to serve the community, offering a wide range of services from routine check-ups to advanced surgical procedures. Our team of experienced and highly skilled urologists is committed to delivering personalized treatment plans tailored to meet the unique needs of each patient, both male and female.

Female Urology

While urologic issues can and do affect both men and women, women may

experience conditions differently and earlier in life due to childbirth and pregnancy. The Executive Urology specialists at Fisher-Titus offer a full spectrum of care and treatment for a variety of conditions specific to females, such as urinary incontinence, female voiding dysfunction, overactive bladder, and more.

Male Urology

Men of all ages can experience urologic issues. The Executive Urology specialists at Fisher-Titus offer a full spectrum of men's health care, including treatments for male incontinence, enlarged prostate, prostate cancer, and other urologic disorders. Our urologists are also experts in Sexual Medicine, providing treatments for erectile dysfunction, Peyronie's Disease, testosterone deficiencies, and other sexual dysfunctions.

Additional Services

Our urologists also offer robotic-assisted surgery, allowing for patients to receive minimally invasive procedures such as prostatectomies and more. Whether you're dealing with a common issue or a complex condition, Fisher-Titus Executive Urology is here to support you every step of the way!



GREGORY COOK, MD



KATHY LUE, MD



KWABENA NKANSAH-AMANKRA, MD



PATRICK WATERS, MD, FACS



ASHLEY GALEA, FNP-C



JENNIFER PERRY, PA

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AURORA ORZECH,
APRN, FNP-C, MSN

For more information on urological services at Fisher-Titus and all treatments offered at Executive Urology, visit fishertitus.org/urology.

What to Expect at the Emergency Department

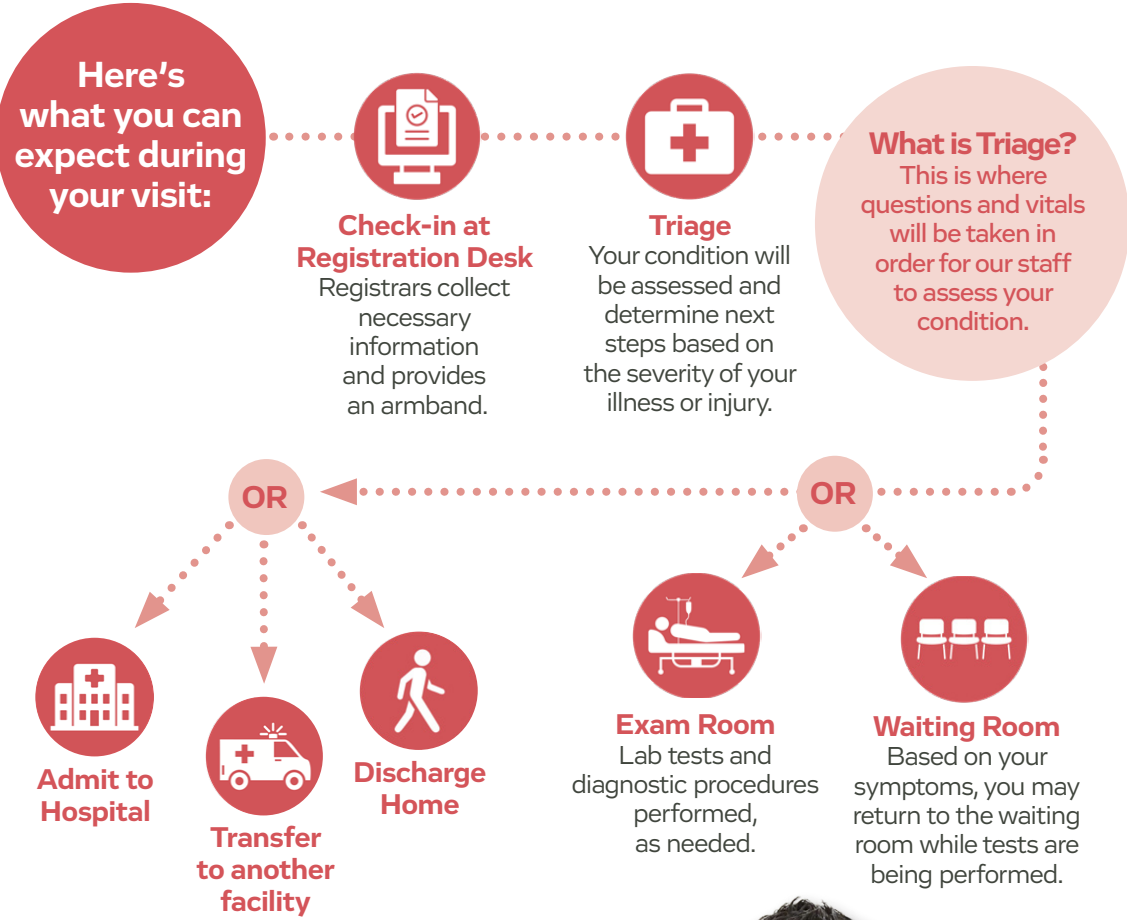


With the arrival of winter also comes the arrival of cold and flu season, icy sidewalks, and more that can lead to trips to the emergency room. If you do find yourself in the ER this winter, here is what to expect to make your experience as stress-free as possible.

Why would there be a long wait?
Transitioning between each step in the ER takes time as staff need to rule out any life-threatening illness. The time you spend there could be prolonged based on the number and types of tests performed.

If you are admitted to the hospital, you may have to wait in the ER until a bed becomes available. Your care continues if you are waiting on a bed.

Leaving without being seen
While you have the right to leave the Emergency Room before being seen, we strongly discourage it. Leaving without being seen can be dangerous and delay crucial care. If you decide to leave, we ask that you please notify a staff member.



Listen to Dr. John Parente, Director of the Fisher-Titus Emergency Department, explain what you can expect when you visit the emergency department at Fisher-Titus.



Expanding Care

For years, Fisher-Titus has cared for the Wakeman community at our existing Wakeman Family Medicine office. Since its doors opened to the public, this building has provided Wakeman residents with high quality primary care.

Following the success of our recent expansions of service in Willard and Bellevue with their respective Health Centers, it was clear that an expansion of services was necessary and the brand-new Wakeman Health Center is now under construction. This health center concept will ensure that area residents have convenient access to the care they need for years to come.

This new expansion will bring a breadth of services to the Wakeman community that were previously unavailable in the area and provide a one-stop-shop for these services. The new Wakeman Health Center will introduce services such as Pediatrics, Radiology, Urology, and Rehabilitation Services, as well as Podiatry through NOMS Northern Ohio Foot & Ankle with Dr. Kareem Dolce. Furthermore, additional exam rooms will be constructed to expand access to family medicine in the area.

The existing Fisher-Titus Family Medicine – Wakeman building.



Fisher-Titus Health Representatives and Board Members, Wakeman Family Medicine staff, Village of Wakeman Representatives, and Janotta & Herner Representatives gathered for the Wakeman Health Center's groundbreaking on September 16.

"Being part of the Wakeman community for over 30 years has been a blessing, allowing me to provide care and support wellness initiatives," said Christina Canfield, MD. "Now, with this new expansion, we will be able to offer even more accessible services to our patients and community residents."

Also included at the Wakeman Family Medicine office are other services patients can take advantage of, including a garden located on the building grounds and holistic care provided by Preet Gudimella, MD, and Preeti Gudimella, MD.

We are proud to collaborate with the Village of Wakeman and Janotta & Herner Construction on this exciting project. As we move forward, we look forward to keeping you updated on our progress and can't wait to offer these enhanced services to the Wakeman community upon the project's completion in Spring 2025.

"This expansion is an exciting opportunity to provide additional services to our patients and will allow our healthcare team to better serve our valued community", said Mindy Riedy, NP.

SCAN THE QR CODE FOR MORE INFORMATION



For more information, scan the QR code or visit, fishertitus.org/ervisit.



Follow us on Facebook and Instagram at 'fishertitushealth' to stay tuned to progress on the Wakeman Health Center, as well to stay up to date on events and other happenings!

The Fisher-Titus Foundation's Golf Outing Recap

The Fisher-Titus Foundation raises funds to strengthen the healthcare services available to our community through philanthropy from valued community donors. Each year, the Foundation hosts numerous events to raise money to support various efforts to improve and expand inpatient and outpatient services for residents in the communities we serve.

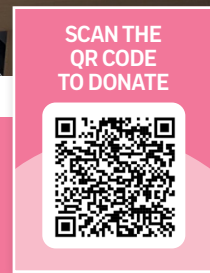
The 35th Annual Fisher-Titus Foundation Golf Outing, presented by Janotta & Herner, was held at Eagle Creek Golf Course. The outing included 136 golfers in 34 foursomes, with 73 sponsors and over 60 volunteers helping to make it the most successful in the event's history.

The generous support from this year's golf outing benefited new stereotactic breast biopsy equipment. This will help bring our patients a less invasive, higher resolution, more targeted, and more comfortable breast biopsy experience.

We want to thank all our sponsors, golfers, and volunteers who came together to support a great event and our community's health. The generosity



of our golf outings over these 35 years has provided well over \$1 million in improvements to patient care, supporting state-of-the-art technology, vital equipment, programs and services, patient assistance, and capital improvements.



Consider donating to our campaign to fund stereotactic breast biopsy equipment benefitting our patients! Visit fishertitus-bloom.kindful.com

CPR TRAINING

Heartsaver First Aid & CPR

Wednesday, November 13; 4-9 p.m. - Cost is \$60.00

Pediatric First Aid & CPR

Wednesday, December 11; 4-9 p.m. - Cost is \$60.00

All classes are held in the Fisher-Titus Technology Room. Register by calling 419-660-2713.

FOR YOUR HEALTH

Diabetes Self-Management Education Program

Physician referral required. This program is designed for individuals interested in learning more about diabetes management. Individuals will receive a one-on-one visit with a registered nurse and dietitian, and they are encouraged to join group classes. Fees apply. Call 419-660-2596 for more information.

American Red Cross Blood Drives for 2024

Friday, November 22, 2024

Friday, December 27, 2024

Blood Drives at Fisher-Titus Medical Center are from 12-4:30 p.m.

To schedule an appointment, call 1-800-RED-CROSS or visit www.RedCrossBlood.org and enter sponsor code: FTMC.

FISHER-TITUS AUXILIARY SALES

Holiday Open House

Saturday, November 23, 9 a.m. - 2 p.m.

Fisher-Titus Auxiliary Gift Shop

Christmas Market

Featuring *Petal Pushers* by Mandy and *The Flour Shop*

Thursday, December 5, 10 a.m. - 6 p.m.

Friday, December 6, 8 a.m. - 2 p.m.

Fisher-Titus Medical Center - Patient Pavilion Lobby

The Village Roots Sale

Monday, December 16, 10 a.m. - 6 p.m.

Tuesday, December 17, 8 a.m. - 2 p.m.

Fisher-Titus Medical Center - Patient Pavilion Lobby

STROKE SUPPORT GROUP

Have you or a loved one experienced a stroke? Join our monthly Fisher-Titus Stroke Support Group, led by Jason Strong, Mara Seiler, and Karen Daniel. We connect stroke and traumatic brain injury survivors, their families, and caregivers. These sessions provide education, inspiration, and support through discussing topics like stress management, post-stroke mood, yoga, and more. The group meets in the Ghrist Room on the 4th Wednesday of every month from 3-4 p.m.

Next meetings: November 20, December 18

Join Our Private Fisher-Titus Stroke Support Facebook Group

Only members can post and view content. To join, scan the QR code with your phone or search "Fisher-Titus Stroke Support Group" on Facebook.



2024 LAB SCREENINGS

Lab screenings provide an opportunity for you to access inexpensive health evaluations to help determine your risk of developing a medical condition such as diabetes. Appointments are required. Cash, credit cards, and checks accepted. Call 419-660-2646 to schedule your appointment.

Health Screenings Include:

- Blood Analysis*** Includes complete blood count (with differential), basic metabolic panel, lipid panel, hepatic profile..... **\$45**
- Prostate Specific Antigen (PSA) Test** **\$30**
- Hemoglobin A1c** **\$30**
- Thyroid Test (TSH)** **\$25**
- Vitamin D** **\$35**

*12-hour fasting required. You may drink water and take regular medications.

Upcoming Screenings

Tuesday, November 19, 7-10 a.m.

Fisher-Titus Medical Center Outpatient Lab
272 Benedict Avenue, Norwalk 44857

Tuesday, December 17, 7-10 a.m.

Fisher-Titus Bellevue Health Center
521 North Sandusky Street, Bellevue 44811

For more information visit fishertitus.org/upcoming-events.



Check out the Fisher-Titus Wellness Prescribed Podcast to hear from our health care professionals and learn health & wellness tips for a variety of topics!

Visit fishertitus.org/podcasts, or listen on **YouTube** or **Spotify!**

SCAN THE QR CODE TO LINK TO OUR PODCAST





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272 Benedict Ave.
Norwalk, OH 44857

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Your Local Leader In Advanced Surgery

At Fisher-Titus Medical Center, we offer advanced surgical services from highly qualified doctors and surgical staff. Whether your surgery requires a stay or you're here for the day, our team is here to help you every step of the way.

Talk to your referring physician for more information or to schedule a procedure.

FisherTitus.org/Surgery

